

Post Operative Care - After Intravenous Sedation

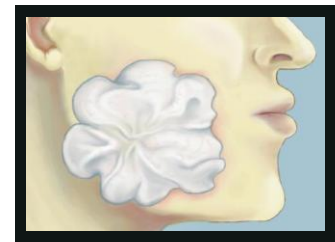
Following your procedure, you will feel drowsy from the medications administered to you. In order to ensure a good recovery, please adhere to the following:

Rest: For the rest 24-hour period following your procedure, it is very important that you rest quietly. You will need someone to drive for you and stay with you for the remainder of the day.



Activities: For the first 24-hour period, you must not operate machinery, drive or consume alcohol.

Irritation: Sometimes you may experience some irritation at the Intravenous site because the medicine injected. You can apply a warm compress to help alleviate pain at the site. You may also experience bruising at the intravenous site.



Nausea: Following sedation, you may feel nauseated and experience mild vomiting. Nausea after sedation generally does not last long and can be treated with antiemetics (a type of medicine to alleviate this problem).

Food: For the first 24-hour period, you should only consume clear fluids (such as, apple juice, clear broth, and ginger ale) or thicker fluids (such as pudding and cream soups). Within 2-3 days following your procedure, you can begin a soft diet (eggs and pasta), then proceed to a regular diet. You should drink lots of liquids to promote healing and prevent dehydration while you are recovering.

